



WHAT YOU NEED TO KNOW

Your AMA (NSW) Membership



What you need to know



If you have any questions with regards to the information contained in this document or related to your **AMA (NSW) Membership**, please contact our **Workplace Relations team** on 9439 8822 or via workplace@amansw.com.au



Who is the AMA?

We are your professional association. We represent you on issues at both the State and Federal level – lobbying to improve working conditions for doctors-in-training, as well as fighting for health system improvements. While we work for the collective benefit of medical professionals, we also provide individual support to help you with a huge range of workplace issues, career support, events, resources and membership benefits.

What has AMA achieved for DITs in the last 6-12 months?

During the pandemic, we lobbied the State Government and assisted DIT members on a range of issues and continued to achieve change from the annual Hospital Health Check, including:

- Training and examinations
- Rostering
- Access to sick leave and Covid-19 leave
- Overtime and pay
- DIT safety and well-being
- Border closures and interstate travel of DITs and their families
- 14 weeks paid parental leave for all new parents
- Safe working hours policy and removing barriers to claiming overtime
- Improving workplace culture by addressing unacceptable workplace behaviours and focusing on wellbeing measures.

What is the AMA currently working on for DITs and hope to achieve in the next 6-12 months?

AMA (NSW)'s 2021 Hospital Health Check results reveal a tired workforce with an increase of workload experienced during the COVID-19 outbreak. It is important that the health system recognises the ongoing demand associated with COVID and non-COVID care and ensures the workforce shortage issues are addressed, and DITs are able to take appropriate leave. In addition, we continue to lobby NSW Health on overtime pay, education entitlements, remote clinical appraisal and flexible working policies and training models.

How can I get involved with the AMA?

The AMA have numerous committees comprised of members just like you. If you are interested in joining a committee at the AMA, a great place to start would be the Doctors in Training Committee.

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Can you tell me some more about the Doctors in Training Committee? What is its purpose?

The Doctors in Training Committee (DITC) represents and advocates for the interests of all doctors in training (DiTs) in NSW. The DITC meet regularly month to discuss issues affecting DiTs from internship to fellowship.

The DITC has championed the Hospital Health Check and delivered real change, including online UROT claiming process, expanded reasons to work unrostered overtime without pre-approval, 14 weeks paid parental leave for both parents, and much more. The DITC will continue to advocate for improved working conditions for NSW doctors-in-training.

When should I contact the AMA?

The AMA is here to support you through every stage of your career.

The focus of our Workplace Relations Team is on proactive support, to help you anticipate challenges and resolve problems before they escalate into disputes, to protect your rights, and further your professional interests. Our experienced advisors can provide comprehensive industrial support and assist you with workplace matters to guide you through tricky situations.

Overall, we aim to reduce your workplace stressors and free you up to focus on your work and your career.

What types of matters does the Workplace Relations Team assist with?

Our friendly Workplace Relations Advisors can provide advice and assistance on topics such as:

- terms and conditions of employment
- rates of pay
- underpayment of overtime
- safe hours and rostering
- performance management meetings
- unfair dismissal
- bullying and harassment matters
- training disputes
- workplace investigations
- advice concerning registration requirements
- medico-legal advice.

Is there a cost associated with utilising this service?

No, this is all complimentary as part of your membership.

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What other services can you provide to me as a doctor in training?

AMA Careers Service is a vital service for doctors in training.

We can review your CV and work with you to ensure it promotes you as a competent health professional and secures interviews. We can run group or individual sessions on interview preparation to help you best convey your strengths and personality even in panel situations.

Is there an additional cost involved in having a one on one session to review my CV or prepare for interviews?

No. Our Careers Service is complimentary as part of your membership.

Does the AMA come out to do hospital visits?

Absolutely! Look out for us at your hospital. We also run webinar sessions and FB live to connect with you virtually.

Does the AMA use social media?

Yes. You can follow us on Facebook, Instagram and Twitter.



What commercial benefits does my AMA membership provide?

AMA NSW has partnered with a range of providers to offer members a variety of commercial benefits. Some that may be of interest to you are:

- Free Journey Insurance with Chubb Accident Journey Insurance
- Discounts on all Samsung products and save up to 25% on Samsung TVs, appliances and more
- discounts when purchase from Booktopia and an array of valuable benefits from Dell
- Complimentary initial consultations on accounting services
- Discounts on travel, lifestyle products, medical supplies, home and business purchases

You can find a more comprehensive list of benefits and more information [here](#).

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Should I recommend AMA membership to my colleagues?

Yes. If you are a current member of AMA (NSW), you will receive a Visa gift card for each new member you refer to join. You can find more information on that promotion [here](#).



MORE INFORMATION

How do I get in touch with someone at the AMA?

Give us a call during business hours on
02 9439 8822 or contact us anytime via email
workplace@amansw.com.au



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This information is for general guidance only and should not be used as a substitute for obtaining specific assistance or advice.



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